8 APPENDICES

APPENDIX I CREATOUR DOCUMENTARY SUBTITLES

Written translation of the dialogues in Portuguese, done by the director Nuno Barbosa.

(Tiago Castro/ researcher CREATOUR)

00:00:04,560 --> 00:00:06,200 I think I put on weight,

(Tiago Castro/ researcher CREATOUR)

00:00:06,520 --> 00:00:08,360 but I've loved being in the Alentejo.

(Tiago Castro/ researcher CREATOUR)

00:00:09,560 --> 00:00:12,320 We're finally going home

(Tiago Castro/ researcher CREATOUR)

00:00:12,960 --> 00:00:16,520 after the last day of filming for the CREATOUR documentary.

(Tiago Castro/ researcher CREATOUR)

00:00:17,960 --> 00:00:22,320 I completely lost track of the distances we traveled

(Tiago Castro/ researcher CREATOUR)

00:00:24,160 --> 00:00:26,680 and number of hours of footage.

(Tiago Castro/ researcher CREATOUR)

00:00:28,200 --> 00:00:32,480
We crossed the whole country looking for creative tourism initiatives.

(Nancy Duxbury/ main researcher CREATOUR)

00:01:09,040 --> 00:01:10,440 Creative tourism

(Nancy Duxbury/ main researcher CREATOUR)

00:01:10,600 --> 00:01:14,360 connects active participation and creative activities with travel.

(Nancy Duxbury/ main researcher CREATOUR)

00:01:15,760 --> 00:01:19,520 These activities provide travellers an opportunity

(Nancy Duxbury/ main researcher CREATOUR)

00:01:19,680 --> 00:01:23,800 to learn about local cultures, artisanal and artistic techniques,

(Nancy Duxbury/ main researcher CREATOUR)

00:01:24,240 --> 00:01:27,200 to exchange thoughts and ideas

(Nancy Duxbury/ main researcher CREATOUR)

00:01:27,520 --> 00:01:29,960 with local residents and creators

(Nancy Duxbury/ main researcher CREATOUR)

00:01:30,120 --> 00:01:34,200 and to have opportunities for creative self-expression.

(Nancy Duxbury/ main researcher CREATOUR)

00:01:37,640 --> 00:01:42,240 CREATOUR is a multidisciplinary research and application project,

(Nancy Duxbury/ main researcher CREATOUR)

00:01:42,400 --> 00:01:46,560 it's a grand experiment working across 4 regions of Portugal:

(Nancy Duxbury/ main researcher CREATOUR)

00:01:46,800 --> 00:01:49,840

The North, Centre, Alentejo and Algarve.

(Nancy Duxbury/ main researcher CREATOUR)

00:01:50,800 --> 00:01:56,240
It involves 5 research centres and 40 pilot organisations across the country

(Nancy Duxbury/ main researcher CREATOUR)

00:01:57,240 --> 00:01:59,800 and it aims to be much more than a tourism project,

(Nancy Duxbury/ main researcher CREATOUR)

00:01:59,960 --> 00:02:03,800 connecting culture, tourism and local and regional development.

(Sílvia Silva/ researcher CREATOUR)

00:02:08,080 --> 00:02:11,280 CREATOUR's understanding of creative tourism

(Sílvia Silva/ researcher CREATOUR)

00:02:11,440 --> 00:02:15,440 involves four dimensions, which are what we are looking for

(Sílvia Silva/ researcher CREATOUR)

00:02:15,600 --> 00:02:17,920 in the activities that the pilot projects involved,

(Sílvia Silva/ researcher CREATOUR)

00:02:18,080 --> 00:02:19,800 which are: active participation,

(Sílvia Silva/ researcher CREATOUR)

00:02:20,920 --> 00:02:23,880 visitor learning,

(Sílvia Silva/ researcher CREATOUR)

00:02:24,480 --> 00:02:26,520

creative self-expression

(Sílvia Silva/ researcher CREATOUR)

00:02:26,680 --> 00:02:30,640 and, most importantly, immersion in a new environment,

(Sílvia Silva/ researcher CREATOUR)

00:02:30,800 --> 00:02:33,400 culture, new traditions and places.

(Sílvia Silva/ researcher CREATOUR)

00:02:39,440 --> 00:02:42,080 Creating a creative tourism network

(Sílvia Silva/ researcher CREATOUR)

00:02:42,880 --> 00:02:46,240 was one of the goals and one of the main focuses

(Sílvia Silva/ researcher CREATOUR)

00:02:46,400 --> 00:02:48,520 throughout the CREATOUR project.

(Sílvia Silva/ researcher CREATOUR)

00:02:50,000 --> 00:02:53,040 One of the core activities of the project were Idea Labs,

(Sílvia Silva/ researcher CREATOUR)

00:02:53,200 --> 00:02:54,440 which promoted this idea.

(Sílvia Silva/ researcher CREATOUR)

00:02:54,840 --> 00:02:57,440 During the Idea Labs, we were able to discuss,

(Sílvia Silva/ researcher CREATOUR)

00:02:57,600 --> 00:03:00,840 think about and develop

(Sílvia Silva/ researcher CREATOUR)

00:03:01,000 --> 00:03:04,680 the activities that were being carried out,

(Sílvia Silva/ researcher CREATOUR)

00:03:04,840 --> 00:03:07,520 based on the idea of reciprocal knowledge

(Sílvia Silva/ researcher CREATOUR)

00:03:07,680 --> 00:03:12,520 and learning between the pilots, which co-invested in this project with us.

(Sílvia Silva/ researcher CREATOUR)

00:03:13,520 --> 00:03:17,120 In addition to the Idea Labs, we also had other components,

(Sílvia Silva/ researcher CREATOUR)

00:03:17,280 --> 00:03:18,720 such as publications

(Sílvia Silva/ researcher CREATOUR)

00:03:18,880 --> 00:03:22,480 written for both academics and professionals,

(Sílvia Silva/ researcher CREATOUR)

00:03:22,680 --> 00:03:26,840 and conferences that allowed us to share and discuss the results

(Sílvia Silva/ researcher CREATOUR)

00:03:27,000 --> 00:03:29,520 both within Portugal and abroad.

(Tiago Castro/ researcher CREATOUR)

00:03:31,680 --> 00:03:35,680 We could see that both foreign and Portuguese participants

(Tiago Castro/ researcher CREATOUR)

00:03:37,280 --> 00:03:41,560 were completely inspired by what they were doing.

(Tiago Castro/ researcher CREATOUR)

00:03:42,040 --> 00:03:43,840 They were curious.

(Tiago Castro/ researcher CREATOUR)

00:03:44,000 --> 00:03:47,880
The most interesting aspect is the connection that forms between people.

(Tiago Castro/ researcher CREATOUR)

00:03:48,760 --> 00:03:51,480 There was a very friendly atmosphere

(Tiago Castro/ researcher CREATOUR)

00:03:52,400 --> 00:03:54,720 in all the workshops.

(Sílvia Silva/ researcher CREATOUR)

00:03:57,000 --> 00:04:01,800 Loulé Criativo is probably the oldest creative tourism project we know of

(Sílvia Silva/ researcher CREATOUR)

00:04:01,960 --> 00:04:04,120 that has all four of the dimensions

(Sílvia Silva/ researcher CREATOUR)

00:04:04,280 --> 00:04:06,840 we established as pillars of creative tourism.

(Carita Santos/ Loulé Criativo mentor)

00:04:11,160 --> 00:04:14,080 Today, Loulé Criativo has organised three workshops:

(Carita Santos/ Loulé Criativo mentor)

00:04:15,040 --> 00:04:18,360 A palm weaving workshop

at Casa da Empreita,

(Carita Santos/ Loulé Criativo mentor)

00:04:18,520 --> 00:04:21,120 a copper beating one at Oficina de Caldeireiros

(Carita Santos/ Loulé Criativo mentor)

00:04:21,280 --> 00:04:26,520 And a pottery workshop at Casa do Barro.

(Carita Santos/ Loulé Criativo mentor)

00:04:26,840 --> 00:04:28,920 Loulé Criativo is a project

(Carita Santos/ Loulé Criativo mentor)

00:04:29,080 --> 00:04:32,240 that aims to promote

(Carita Santos/ Loulé Criativo mentor)

00:04:32,400 --> 00:04:35,720 just a few of our traditional arts and crafts,

(Carita Santos/ Loulé Criativo mentor)

00:04:35,880 --> 00:04:38,960 to give those who visit us the chance to experience

(Carita Santos/ Loulé Criativo mentor)

00:04:39,120 --> 00:04:41,520 some of the traditions in Loulé,

(Carita Santos/ Loulé Criativo mentor)

00:04:41,680 --> 00:04:43,880 so they may understand our local identity better.

(Carita Santos/ Loulé Criativo mentor)

00:04:44,040 --> 00:04:47,720 So we have put workshops together in these 3 areas,

(Carita Santos/ Loulé Criativo mentor)

00:04:49,000 --> 00:04:51,000 so people can take

(Carita Santos/ Loulé Criativo mentor)

00:04:51,160 --> 00:04:55,000 something physical with them when they leave

(Carita Santos/ Loulé Criativo mentor)

00:04:55,160 --> 00:04:59,080 once they've learned the techniques to make the same things again, at home.

(Malin Löfgren/ Participant)

00:05:02,520 --> 00:05:06,120 I do a lot of creative things:

(Malin Löfgren/ Participant)

00:05:06,280 --> 00:05:08,280 photography, filming, and such.

(Malin Löfgren/ Participant)

00:05:08,440 --> 00:05:10,320 But I wanted to do something

(Malin Löfgren/ Participant)

00:05:10,520 --> 00:05:12,800 more physical with my hands.

(Malin Löfgren/ Participant)

00:05:12,960 --> 00:05:14,800 I wanted to hold something in my hands.

(Malin Löfgren/ Participant)

00:05:14,960 --> 00:05:18,720 Of course, you try and fail a lot,

(Malin Löfgren/ Participant)

00:05:18,880 --> 00:05:20,840 but that's how you learn.

(Tiago Castro/ Researcher CREATOUR)

00:05:21,920 --> 00:05:24,560 Not all the activities are easy.

(Tiago Castro/ Researcher CREATOUR)

00:05:25,160 --> 00:05:27,160 I'm thinking of that time,

(Tiago Castro/ Researcher CREATOUR)

00:05:27,320 --> 00:05:29,680 at Casa do Barro, in São Pedro do Corval,

(Tiago Castro/ Researcher CREATOUR)

00:05:29,960 --> 00:05:32,760 when I couldn't turn my wheel

(Tiago Castro/ Researcher CREATOUR)

00:05:32,920 --> 00:05:35,360 and mould the clay at the same time.

(Ana Margarida Ferreira/ Participant)

00:05:35,800 --> 00:05:38,240 It was much harder than I thought it would be,

(Ana Margarida Ferreira/ Participant)

00:05:38,400 --> 00:05:40,800 much harder to work on the wheel, to make something.

(Ana Margarida Ferreira/ Participant)

00:05:40,960 --> 00:05:43,280 from start to finish, the whole process,

(Ana Margarida Ferreira/ Participant)

00:05:43,440 --> 00:05:47,880 which is very technical and creative, is extremely difficult.

(Ana Margarida Ferreira/ Participant)

00:05:48,080 --> 00:05:51,960 That's why this art form is so important.

(Marcelino Dores Paulino/ Artist, master potter)

00:05:55,720 --> 00:05:59,760
It looks easy to centre the clay here, but it's not.

(Marcelino Dores Paulino/ Artist, master potter)

00:05:59,920 --> 00:06:04,000 Clay is hard to centre, but there's a trick to it.

(Marcelino Dores Paulino/ Artist, master potter)

00:06:04,160 --> 00:06:07,560 You learn to press your elbow into your hip

(Marcelino Dores Paulino/ Artist, master potter)

00:06:07,920 --> 00:06:10,200 to steady your hand,

(Marcelino Dores Paulino/ Artist, master potter)

00:06:10,360 --> 00:06:13,680 and the other shapes the clay.

(Isabel Pereira/ Participant)

00:06:14,240 --> 00:06:17,320 Watching the teacher with all that skill

(Isabel Pereira/ Participant)

00:06:17,480 --> 00:06:19,000 all that professionalism,

(Isabel Pereira/ Participant)

00:06:19,160 --> 00:06:21,960 I thought when it was my turn I'd do the same.

(Isabel Pereira/ Participant)

00:06:22,320 --> 00:06:25,000

That's when you realise

(Isabel Pereira/ Participant)

00:06:25,160 --> 00:06:28,040 the time it takes to get that good

(Isabel Pereira/ Participant)

00:06:28,200 --> 00:06:31,640 when a technique is that hard to learn,

(Isabel Pereira/ Participant)

00:06:31,800 --> 00:06:34,560 but it's so good to try these things

(Isabel Pereira/ Participant)

00:06:34,720 --> 00:06:39,080 and at the heart of it, these initiatives value the practices,

(Isabel Pereira/ Participant)

00:06:39,240 --> 00:06:43,680 because if we don't, they disappear over time.

(Isabel Pereira/ Participant)

00:06:44,360 --> 00:06:48,400 They're a way to go back in time

(Isabel Pereira/ Participant)

00:06:48,560 --> 00:06:51,400 when they had wonderful things.

(Sílvia Silva/ Researcher CREATOUR)

00:06:53,800 --> 00:06:55,920 On our trip around the country,

(Sílvia Silva/ Researcher CREATOUR)

00:06:56,080 --> 00:06:59,160 we met people with fantastic stories.

(Sílvia Silva/ Researcher CREATOUR)

00:06:59,320 --> 00:07:01,120

Like, Nuno Coelho.

(Sílvia Silva/ Researcher CREATOUR)

00:07:01,280 --> 00:07:03,400 He lived and worked in Lisbon

(Sílvia Silva/ Researcher CREATOUR)

00:07:03,560 --> 00:07:06,000 before he moved to Alcoutim, in the Algarve countryside,

(Sílvia Silva/ Researcher CREATOUR)

00:07:06,160 --> 00:07:07,760 where he became a shepherd.

(Nuno Coelho/ Shepherd)

00:07:09,880 --> 00:07:12,880 It was my childhood dream to live in Alcoutim,

(Nuno Coelho/ Shepherd)

00:07:13,040 --> 00:07:15,000 because I liked the region

(Nuno Coelho/ Shepherd)

00:07:15,160 --> 00:07:20,440 and believed in this project I'm involved in, with Algarve goats.

(Nuno Coelho/ Shepherd)

00:07:20,880 --> 00:07:23,760 Algarve goats have a huge potential

(Nuno Coelho/ Shepherd)

00:07:23,920 --> 00:07:26,560 in terms of the quality of milk,

(Nuno Coelho/ Shepherd)

00:07:26,760 --> 00:07:29,600 and they're adapted to the region.

(Nuno Coelho/ Shepherd)

00:07:29,760 --> 00:07:32,520

So, well-adapted in terms of food,

(Nuno Coelho/ Shepherd)

00:07:32,680 --> 00:07:36,720 so they can eat a bit of what the land provides.

(Nuno Coelho/ Shepherd)

00:07:36,880 --> 00:07:41,240 We're giving tours where we demonstrate

(Nuno Coelho/ Shepherd)

00:07:41,400 --> 00:07:44,080 how to look after Algarve goats

(Nuno Coelho/ Shepherd)

00:07:44,240 --> 00:07:46,560 in terms of grazing, milking...

(Participant)

00:07:48,360 --> 00:07:50,960 This is harder than it looks. I'm going to try again.

(Nuno Coelho/ Shepherd)

00:07:51,120 --> 00:07:52,720 Hold it like this...

(Nuno Coelho/ Shepherd)

00:07:58,600 --> 00:08:02,560 We've had a lot of visitors, especially foreign ones

(Nuno Coelho/ Shepherd)

00:08:02,720 --> 00:08:05,440 more than Portuguese people, anyway, but people love it.

(Nuno Coelho/ Shepherd)

00:08:05,600 --> 00:08:08,080 They think it's a really interesting experience.

(Nuno Coelho/ Shepherd)

00:08:08,240 --> 00:08:10,200 It brings them closer to the countryside.

(Nuno Coelho/ Shepherd)

00:08:10,360 --> 00:08:14,480 Nowadays it's hard to find this type of farming.

(Nuno Coelho/ Shepherd)

00:08:14,640 --> 00:08:16,680 These days it's mostly intensive farming

(Nuno Coelho/ Shepherd)

00:08:16,840 --> 00:08:18,840 and the people are in the city, not in the countryside.

(Nuno Coelho/ Shepherd)

00:08:19,000 --> 00:08:22,200 Here, we bring the countryside closer to the people

(Nuno Coelho/ Shepherd)

00:08:22,360 --> 00:08:24,360 and people closer to the countryside.

(Nuno Coelho/ Shepherd)

00:08:24,520 --> 00:08:26,320 People always leave feeling comforted,

(Nuno Coelho/ Shepherd)

00:08:26,480 --> 00:08:29,400 They feel good. They love it.

(Nuno Coelho/ Shepherd)

00:08:29,560 --> 00:08:33,880 They like spending time with us.

(Tiago Castro/Researcher CREATOUR)

00:08:36,560 --> 00:08:39,240 Escaping from the city, into the countryside,

(Tiago Castro/Researcher CREATOUR)

00:08:39,400 --> 00:08:43,640 looking for rest and creativity

(Tiago Castro/Researcher CREATOUR)

00:08:44,000 --> 00:08:47,840 takes people to the projects we have on CREATOUR.

(Tiago Castro/Researcher CREATOUR)

00:08:48,760 --> 00:08:51,040 One of them is the Estival da Estrela,

(Tiago Castro/Researcher CREATOUR)

00:08:51,200 --> 00:08:54,440 in the heart of Serra da Estrela, in the village of Faia,

(Tiago Castro/Researcher CREATOUR)

00:08:54,920 --> 00:08:58,240 where, for a week,

(Tiago Castro/Researcher CREATOUR)

00:08:58,400 --> 00:09:02,520 artists live and create with festivalgoers.

(Catharina Sligting/ Mentor)

00:09:02,920 --> 00:09:07,280 After a week spent together, we became a family

(Catharina Sligting/ Mentor)

00:09:07,720 --> 00:09:10,280 because there is no backstage.

(Catharina Sligting/ Mentor)

00:09:10,760 --> 00:09:16,080

Artists become participants and participants can be artists.

(Marjorie Sloof/ Artist, sculptor)

00:09:18,480 --> 00:09:21,120 It's like a Yoga pose

(Marjorie Sloof/ Artist, sculptor)

00:09:21,280 --> 00:09:24,040 and the flower head is growing towards the sky.

(Marjorie Sloof/ Artist, sculptor)

00:09:24,240 --> 00:09:25,920 My work

(Marjorie Sloof/ Artist, sculptor)

00:09:26,080 --> 00:09:29,760 is always about connection between the earth and the sky.

(Marjorie Sloof/ Artist, sculptor)

00:09:30,360 --> 00:09:32,520 What we did last week

(Marjorie Sloof/ Artist, sculptor)

00:09:32,760 --> 00:09:36,200 was make a mosaic with Portuguese tiles.

(Marjorie Sloof/ Artist, sculptor)

00:09:36,640 --> 00:09:38,880 I also did that as a workshop.

(Marjorie Sloof/ Artist, sculptor)

00:09:39,040 --> 00:09:43,720 The feedback I get is that a lot of people are grateful

(Marjorie Sloof/ Artist, sculptor)

00:09:43,880 --> 00:09:45,880 for being able to help me

(Marjorie Sloof/ Artist, sculptor)

00:09:46,040 --> 00:09:51,360 and I am so grateful to have them help me finish my work.

(Marjorie Sloof/ Artist, sculptor)

00:09:51,600 --> 00:09:54,960 People learn about what it is to make

(Marjorie Sloof/ Artist, sculptor)

00:09:55,360 --> 00:09:57,640 these big sculptures.

(Marie José Vervest/ Participant)

00:10:03,560 --> 00:10:05,800 What I also like

(Marie José Vervest/ Participant)

00:10:06,640 --> 00:10:09,280 is the sense of freedom you get

(Marie José Vervest/ Participant)

00:10:09,480 --> 00:10:12,880 when you are here in the landscape and you go down to the river.

(Marie José Vervest/ Participant)

00:10:13,160 --> 00:10:16,400 It is very nice.

(Ana Rita Albuquerque/ Textile artist)

00:10:22,760 --> 00:10:28,240 Felting is done by compacting woollen fibres to make fabric,

(Ana Rita Albuquerque/ Textile artist)

00:10:28,480 --> 00:10:31,080 which is actually the oldest fabric known by mankind.

(Ana Rita Albuquerque/ Textile artist)

00:10:31,240 --> 00:10:33,600 It was the first textile

that humans could produce

(Ana Rita Albuquerque/ Textile artist)

00:10:33,760 --> 00:10:36,640 and is basically fibres arranged one on top of the other,

(Ana Rita Albuquerque/ Textile artist)

00:10:36,840 --> 00:10:40,680 and massaged until they are compacted,

(Ana Rita Albuquerque/ Textile artist)

00:10:40,880 --> 00:10:44,480 and that's how you make textiles

(Ana Rita Albuquerque/ Textile artist)

00:10:44,640 --> 00:10:47,200 which are impossible textiles, in a way, because they have no seams.

(Ana Rita Albuquerque/ Textile artist)

00:10:47,360 --> 00:10:48,800 They're moulded a bit like clay

(Ana Rita Albuquerque/ Textile artist)

00:10:48,960 --> 00:10:51,320 more than how we would expect fabrics to be made.

(Dorette Giling/ Participant)

00:10:53,200 --> 00:10:55,440 The girl who gives the workshop

(Dorette Giling/ Participant)

00:10:55,600 --> 00:10:58,120 is a very creative and inspiring person.

(Dorette Giling/ Participant)

00:10:58,280 --> 00:11:01,640 She has a nice way of giving the lesson.

(Dorette Giling/ Participant)

00:11:03,120 --> 00:11:05,040 It's just very lovely to do it,

(Dorette Giling/ Participant)

00:11:05,240 --> 00:11:08,040 just work with your hands and create something.

(Rámon Vangammeren/ Sound designer, musician)

00:11:18,800 --> 00:11:22,520 This workshop was about the effect of sound on the human psyche.

(Rámon Vangammeren/ Sound designer, musician)

00:11:24,520 --> 00:11:26,480 I am a sound designer and musician

(Rámon Vangammeren/ Sound designer, musician)

00:11:26,920 --> 00:11:31,840 and we practice poetry via psychiatry.

(Rámon Vangammeren/ Sound designer, musician)

00:11:32,000 --> 00:11:33,880 Or the other way around.

(Rámon Vangammeren/ Sound designer, musician)

00:11:34,520 --> 00:11:37,600 We perform at the festival and this workshop was about

(Rámon Vangammeren/ Sound designer, musician)

00:11:37,760 --> 00:11:43,160 how I approach sound in a treatment with my patient, the poet.

(Rámon Vangammeren/ Sound designer, musician)

00:11:43,760 --> 00:11:46,920 What kind of sounds I produce to make him feel certain ways

(Rámon Vangammeren/ Sound designer, musician)

00:11:47,080 --> 00:11:50,800

and make him talk about his experiences more and better.

(Silvester Zwaneveld/ Comedian, illustrator)

00:11:52,480 --> 00:11:54,680 I am a stand-up comedian,

(Silvester Zwaneveld/ Comedian, illustrator)

00:11:54,880 --> 00:11:59,440 but I am also an animator and illustrator

(Silvester Zwaneveld/ Comedian, illustrator)

00:11:59,600 --> 00:12:03,160 and my workshop is about illustrating comics.

(Silvester Zwaneveld/ Comedian, illustrator)

00:12:04,120 --> 00:12:09,040 I really enjoy being creative here in this country,

(Silvester Zwaneveld/ Comedian, illustrator)

00:12:09,280 --> 00:12:13,840 because we can enjoy the view, the food.

(Silvester Zwaneveld/ Comedian, illustrator)

00:12:14,080 --> 00:12:18,160 But I am always creative in my head

(Silvester Zwaneveld/ Comedian, illustrator)

00:12:18,440 --> 00:12:23,480 so I can't shut that down, I don't have to push it in my holiday.

(Silvester Zwaneveld/ Comedian, illustrator)

00:12:23,640 --> 00:12:25,760 It is the holiday,

(Silvester Zwaneveld/ Comedian, illustrator)

00:12:25,960 --> 00:12:28,240 so I am happier by the day.

(Tiago Castro/ Researcher CREATOUR)

00:12:28,640 --> 00:12:30,520 To close the festival,

(Tiago Castro/ Researcher CREATOUR)

00:12:30,680 --> 00:12:33,240 there's a party in the village of Faia,

(Tiago Castro/ Researcher CREATOUR)

00:12:33,600 --> 00:12:38,120 where festivalgoers and local people come together.

(Tiago Castro/ Researcher CREATOUR)

00:12:40,120 --> 00:12:42,280 It's very interesting to see

(Tiago Castro/ Researcher CREATOUR)

00:12:42,520 --> 00:12:47,040 this meeting between a traditional Portuguese rural culture

(Tiago Castro/ Researcher CREATOUR)

00:12:47,240 --> 00:12:51,040 and the urban, contemporary culture of the festivalgoers.

(Sílvia Silva/ Researcher CREATOUR)

00:13:08,640 --> 00:13:11,040 Like, for example, Catharina in the Mondego Valley.

(Sílvia Silva/ Researcher CREATOUR)

00:13:11,200 --> 00:13:15,000
It was interesting to find more foreigners who moved to Portugal

(Sílvia Silva/ Researcher CREATOUR)

00:13:15,160 --> 00:13:18,320 and that make up a cultural and artistic critical mass

(Sílvia Silva/ Researcher CREATOUR)

00:13:18,480 --> 00:13:20,840 in these places in the interior of the country.

(Sílvia Silva/ Researcher CREATOUR)

00:13:21,680 --> 00:13:24,560 Like in Vale do Ferro, in the municipality of Odemira,

(Sílvia Silva/ Researcher CREATOUR)

00:13:24,720 --> 00:13:26,360 we met a German couple:

(Sílvia Silva/ Researcher CREATOUR)

00:13:26,520 --> 00:13:30,280 Helga, a jeweller and Walter, a sculptor,

(Sílvia Silva/ Researcher CREATOUR)

00:13:30,600 --> 00:13:33,400 and they organise workshops for visitors.

(Helga Brochhaus - Murtz/ Jeweler)

00:13:35,040 --> 00:13:38,760 In this workshop I want to give the participants

(Helga Brochhaus - Murtz/ Jeweler)

00:13:38,920 --> 00:13:41,000 the possibility to experience

(Helga Brochhaus - Murtz/ Jeweler)

00:13:41,160 --> 00:13:44,000 basic techniques of jewellery.

(Helga Brochhaus - Murtz/ Jeweler)

00:13:44,240 --> 00:13:48,920 Hammering, sewing or filing

(Helga Brochhaus - Murtz/ Jeweler)

00:13:49,080 --> 00:13:51,280 and also soldering.

(Helga Brochhaus - Murtz/ Jeweler)

00:13:51,800 --> 00:13:56,680 It should be fun and a joy just to experience

(Helga Brochhaus - Murtz/ Jeweler)

00:13:56,840 --> 00:14:00,640 and see what we can do with basic materials:

(Helga Brochhaus - Murtz/ Jeweler)

00:14:00,800 --> 00:14:05,920 wire and sheets of brass and copper.

(Walter Muertz/ Sculptor)

00:14:10,960 --> 00:14:15,040 I explained the basis and inspiration of my work

(Walter Muertz/ Sculptor)

00:14:15,520 --> 00:14:19,280 was the African figures.

(Walter Muertz/ Sculptor)

00:14:20,040 --> 00:14:23,880 The basis is to reduce

(Walter Muertz/ Sculptor)

00:14:24,040 --> 00:14:26,520 the figure to the minimum

(Walter Muertz/ Sculptor)

00:14:26,720 --> 00:14:29,080 and carry over a sense of dynamism.

(Doris Difarnecio Mejia/ Participant)

00:14:29,800 --> 00:14:33,040 I can't stop smiling.

(Doris Difarnecio Mejia/ Participant)

00:14:33,200 --> 00:14:37,320 I feel happiness, I am inspired deeply

(Doris Difarnecio Mejia/ Participant)

00:14:37,520 --> 00:14:39,280 as an artist, as a person,

(Doris Difarnecio Mejia/ Participant)

00:14:39,440 --> 00:14:40,880 as a human being.

(Doris Difarnecio Mejia/ Participant)

00:14:41,040 --> 00:14:45,000 To be here is happiness.

(Sílvia Silva/ Researcher CREATOUR)

00:14:48,120 --> 00:14:49,920 That same day, in the afternoon,

(Sílvia Silva/ Researcher CREATOUR)

00:14:50,080 --> 00:14:52,280 we got the chance to meet Helena.

(Sílvia Silva/ Researcher CREATOUR)

00:14:52,440 --> 00:14:54,680 A Dutch woman living in Odemira

(Sílvia Silva/ Researcher CREATOUR)

00:14:54,840 --> 00:14:56,880 who gave us a very interesting experience

(Sílvia Silva/ Researcher CREATOUR)

00:14:57,040 --> 00:14:58,800 where we created something together.

(Helena Loermans/ Weaver)

00:14:59,000 --> 00:15:02,160 The workshop is an interactive activity

(Helena Loermans/ Weaver)

00:15:02,320 --> 00:15:05,920 where you are not going to work with the loom,

(Helena Loermans/ Weaver)

00:15:06,080 --> 00:15:07,800 but you are going to work as a loom.

(Helena Loermans/ Weaver)

00:15:07,960 --> 00:15:11,160 You are the loom.
We are a human loom.

(Helena Loermans/ Weaver)

00:15:11,360 --> 00:15:14,560 We all have one thread in each hand,

(Helena Loermans/ Weaver)

00:15:14,720 --> 00:15:17,280 as if one thread was in one shaft,

(Helena Loermans/ Weaver)

00:15:17,440 --> 00:15:20,960 and then with a weaving draft pattern,

(Helena Loermans/ Weaver)

00:15:21,120 --> 00:15:24,280 we are going to lift certain shafts,

(Helena Loermans/ Weaver)

00:15:24,440 --> 00:15:26,880 certain hands, certain numbers, certain threads

(Helena Loermans/ Weaver)

00:15:27,040 --> 00:15:29,560 while another one passes the thread.

(Helena Loermans/ Weaver)

00:15:29,720 --> 00:15:31,320 That constructs the pattern.

(Helena Loermans/ Weaver)

00:15:31,480 --> 00:15:36,840 With this technique you have a very close experience

(Helena Loermans/ Weaver)

00:15:37,000 --> 00:15:41,000 to how a pattern is constructed in a textile.

(Diana Hill / Participant)

00:15:42,560 --> 00:15:45,640 When we went over to do the human loom,

(Diana Hill / Participant)

00:15:45,800 --> 00:15:49,400 I found a wonderful way to understand

(Diana Hill / Participant)

00:15:49,560 --> 00:15:52,080 what it's like to work with your hands,

(Diana Hill / Participant)

00:15:52,240 --> 00:15:54,440 making with your body

(Diana Hill / Participant)

00:15:54,600 --> 00:15:59,040 something Helena does every day using her fingers and her imagination.

(Vera Correia / Participant)

00:15:59,240 --> 00:16:03,240 What I found most interesting was how authentic the activities were

(Vera Correia / Participant)

00:16:03,400 --> 00:16:06,800 and getting so close to the people we were there with.

(Vera Correia / Participant)

00:16:06,960 --> 00:16:10,240 That was the most striking part for me, today.

(Sílvia Silva/ Researcher CREATOUR)

00:16:10,880 --> 00:16:14,320 In addition to fantastic people, this trip allowed us

(Sílvia Silva/ Researcher CREATOUR)

00:16:14,480 --> 00:16:18,280 to visit small Portuguese villages we've never been to.

(Sílvia Silva/ Researcher CREATOUR)

00:16:18,560 --> 00:16:20,680 Remember São Brissos, for example

(Sílvia Silva/ Researcher CREATOUR)

00:16:20,840 --> 00:16:23,720 where we learned the art of wicker work

(Sílvia Silva/ Researcher CREATOUR)

00:16:23,880 --> 00:16:26,600 which we used to make bird feeders and nests

(Sílvia Silva/ Researcher CREATOUR)

00:16:26,760 --> 00:16:29,240 which we'll put out into nature.

(Sílvia Silva/ Researcher CREATOUR)

00:16:29,440 --> 00:16:34,160 So as well as bringing back a local art form,

(Sílvia Silva/ Researcher CREATOUR)

00:16:34,760 --> 00:16:37,880 we create art that has a huge sense of awareness

(Sílvia Silva/ Researcher CREATOUR)

00:16:38,040 --> 00:16:40,280 and concern for the environment.

(Yolanda Gómez/ Participant)

00:16:41,000 --> 00:16:44,360 I think it's really important to do this sort of activity

(Yolanda Gómez/ Participant)

00:16:44,520 --> 00:16:48,440 because it connects you with communities

(Yolanda Gómez/ Participant)

00:16:48,600 --> 00:16:52,760 wherever you're travelling.

(Yolanda Gómez/ Participant)

00:16:53,240 --> 00:16:57,600 What makes these activities valuable is that they're traditional.

(Yolanda Gómez/ Participant)

00:16:57,760 --> 00:17:00,080 Young people don't do them any more

(Yolanda Gómez/ Participant)

00:17:00,240 --> 00:17:04,720 and it's important that all generations take part, like this one.

(Christina Tsantekidi/ Participant)

00:17:07,520 --> 00:17:11,760
I think it is pretty cool to do something that is involved with nature

(Christina Tsantekidi/ Participant)

00:17:11,920 --> 00:17:13,880 and also human work.

(Christina Tsantekidi/ Participant)

00:17:14,680 --> 00:17:17,360

I am happy I did something like this

(Christina Tsantekidi/ Participant)

00:17:17,560 --> 00:17:22,600 because I know the birds will have a place to sleep, to eat.

(Christina Tsantekidi/ Participant)

00:17:22,840 --> 00:17:26,760 It's like being at one with nature at the same time.

(Christina Tsantekidi/ Participant)

00:17:26,920 --> 00:17:31,280 I am pretty sure I would love trying it again.

(Tiago Castro/ Researcher CREATOUR)

00:17:32,760 --> 00:17:34,680 Do you remember that time

(Tiago Castro/ Researcher CREATOUR)

00:17:34,880 --> 00:17:38,080 we had to go to Caldas da Rainha in August?

(Tiago Castro/ Researcher CREATOUR)

00:17:39,080 --> 00:17:41,560 It was unbearably hot,

(Tiago Castro/ Researcher CREATOUR)

00:17:42,440 --> 00:17:44,480 but the further we went

(Tiago Castro/ Researcher CREATOUR)

00:17:44,640 --> 00:17:47,840 along that inspiring journey through Bordallo Pinheiro's life,

(Tiago Castro/ Researcher CREATOUR)

00:17:48,000 --> 00:17:50,320 the more we forgot the heat.

(Mariana Baptista/ Caldas Creative Tourism)

00:17:51,880 --> 00:17:54,280 It was a 2-phase project:

(Mariana Baptista/ Caldas Creative Tourism)

00:17:54,440 --> 00:17:58,840 The first phase was a performance: a cultural, travelling play

(Mariana Baptista/ Caldas Creative Tourism)

00:17:59,000 --> 00:18:02,880 where Inês Fouto played 3 characters:

(Mariana Baptista/ Caldas Creative Tourism)

00:18:03,040 --> 00:18:06,000 "Gato Pires", the "Marquess" and "Maria dos pontos nos is".

(Mariana Baptista/ Caldas Creative Tourism)

00:18:06,160 --> 00:18:09,320 I led the guided tour of the city, in the historic centre.

(Mariana Baptista/ Caldas Creative Tourism)

00:18:09,480 --> 00:18:12,440 and explained how Rafael Bordallo Pinheiro's family

(Mariana Baptista/ Caldas Creative Tourism)

00:18:12,600 --> 00:18:15,400 fitted into the history of pottery in Caldas da Rainha.

(Mariana Baptista/ Caldas Creative Tourism)

00:18:15,560 --> 00:18:21,000
I would give visitors an idea of what the city was like in the 19th century.

(Nicola Henriques/ Caldas Creative Tourism)

00:18:22,520 --> 00:18:27,160 The next activity, was a tile-painting workshop,

(Nicola Henriques/ Caldas Creative Tourism)

00:18:27,320 --> 00:18:30,640 run by 105 Ceramic Lab.

(Nicola Henriques/ Caldas Creative Tourism)

00:18:30,800 --> 00:18:33,760
We chose the magnificent chapel of São Sebastião

(Nicola Henriques/ Caldas Creative Tourism)

00:18:33,920 --> 00:18:36,880 which is right on the Praça da Fruta (Fruit Square),

(Nicola Henriques/ Caldas Creative Tourism)

00:18:37,040 --> 00:18:39,040 It's one of the landmarks of the city.

(Nicola Henriques/ Caldas Creative Tourism)

00:18:39,200 --> 00:18:43,280 It couldn't be a more perfect setting for this workshop.

(Hugo Graça/ Ceramic designer)

00:18:46,480 --> 00:18:50,760
We demonstrated how you produce hand-crafted tiles

(Hugo Graça/ Ceramic designer)

00:18:50,920 --> 00:18:53,360 using stamping tools

(Hugo Graça/ Ceramic designer)

00:18:55,040 --> 00:18:58,760 and we also decorated them by painting them

(Hugo Graça/ Ceramic designer)

00:18:58,920 --> 00:19:00,800 using the pipette tips,

(Hugo Graça/ Ceramic designer)

00:19:01,120 --> 00:19:06,160

so you can mix lots of different colours and make 3D tiles.

(Hugo Graça/ Ceramic designer)

00:19:06,840 --> 00:19:08,760 They're baked after that

(Hugo Graça/ Ceramic designer)

00:19:08,920 --> 00:19:12,480 and they'll be sent to the people that have painted them, by post.

(Ivete Quintela/ Participant)

00:19:14,240 --> 00:19:16,000 When I look at all this,

(Ivete Quintela/ Participant)

00:19:16,160 --> 00:19:17,560 I had never imagined

(Ivete Quintela/ Participant)

00:19:17,720 --> 00:19:21,280 that the process was so complex and amazing.

(Ivete Quintela/ Participant)

00:19:21,440 --> 00:19:23,480 Thank you for the experience.

(Sílvia Silva/ Researcher CREATOUR)

00:19:28,040 --> 00:19:31,640 Museums are often thought of as structures that are a bit static,

(Sílvia Silva/ Researcher CREATOUR)

00:19:31,800 --> 00:19:34,360 where visitors observe and acquire knowledge,

(Sílvia Silva/ Researcher CREATOUR)

00:19:34,520 --> 00:19:36,600 but where there's nothing to interact with.

(Sílvia Silva/ Researcher CREATOUR)

00:19:36,760 --> 00:19:38,360 But that's changing.

(Sílvia Silva/ Researcher CREATOUR)

00:19:38,520 --> 00:19:41,920 Mosaico Lab is an example, a pilot project here in Conímbriga,

(Sílvia Silva/ Researcher CREATOUR)

00:19:42,080 --> 00:19:46,800 where visitors can have a creative experience by creating mosaic art.

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:19:51,920 --> 00:19:53,280 What the Romans left,

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:19:53,440 --> 00:19:55,760 from back in their time, was also an expression of creativity.

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:19:55,920 --> 00:19:58,320 At their core, mosaic workshops

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:19:58,480 --> 00:20:02,040 allow us to bring this creative practice up to date

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:02,200 --> 00:20:06,320 allowing people nowadays to explore the art of the mosaic

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:06,480 --> 00:20:08,440 and the language contained within it.

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:08,600 --> 00:20:11,200 They can create their own relationship with history.

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:12,000 --> 00:20:14,280

Creative tourism

is extremely important

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:14,440 --> 00:20:16,600 for places with a small population,

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:16,760 --> 00:20:19,880 because they show us how you can

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:20,040 --> 00:20:22,160 create a new structure

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:22,400 --> 00:20:25,320

that's innovative

for a place and its people.

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:25,480 --> 00:20:28,000

Much more than cultural tourism,

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:28,160 --> 00:20:30,960

a type of tourism can be created

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:31,120 --> 00:20:33,520

that makes visitors stay longer.

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:33,680 --> 00:20:35,520

They connect with the place,

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:35,680 --> 00:20:37,560 with other parts of the surrounding areas,

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:37,720 --> 00:20:41,240 and build a different relationship with the communities within them,

(Humberto Figueiredo/ Mosaico - Conímbriga e Sicó)

00:20:41,400 --> 00:20:45,120 as well as their own relationship, with their own culture and heritage.

(Tiago Castro/ Researcher CREATOUR)

00:20:50,560 --> 00:20:52,480 In the artistic village of Feital,

(Tiago Castro/ Researcher CREATOUR)

00:20:52,640 --> 00:20:54,280 the "Shelter Route"

(Tiago Castro/ Researcher CREATOUR)

00:20:54,600 --> 00:20:58,040 has a very important mission.

(Tiago Castro/ Researcher CREATOUR)

00:21:00,480 --> 00:21:02,440 It's to take visitors who come from outside

(Tiago Castro/ Researcher CREATOUR)

00:21:02,600 --> 00:21:05,600 to visit shelters that have been abandoned by shepherds,

(Tiago Castro/ Researcher CREATOUR)

00:21:06,200 --> 00:21:09,360 changing the mindset of the local population,

(Tiago Castro/ Researcher CREATOUR)

00:21:09,520 --> 00:21:11,680

in terms of their heritage

(Tiago Castro/ Researcher CREATOUR)

00:21:11,840 --> 00:21:14,960 making them take an interest and want to protect it.

(Tiago Castro/ Researcher CREATOUR)

00:21:15,680 --> 00:21:18,040 So the idea they started off with,

(Tiago Castro/ Researcher CREATOUR)

00:21:18,200 --> 00:21:23,080 that what they have is worthless and they can sell it, ends up changing.

(Tiago Castro/ Researcher CREATOUR)

00:21:24,480 --> 00:21:25,760 On the other hand.

(Tiago Castro/ Researcher CREATOUR)

00:21:25,920 --> 00:21:28,000 this land and its people

(Tiago Castro/ Researcher CREATOUR)

00:21:28,200 --> 00:21:31,240 are a source of inspiration for artistic creation,

(Tiago Castro/ Researcher CREATOUR)

00:21:31,640 --> 00:21:34,880 as we can see in Brigite's work.

(Brigitte Oleiro/ Visual Artist)

00:21:36,920 --> 00:21:40,320 This place is linked to the importance

(Brigitte Oleiro/ Visual Artist)

00:21:40,720 --> 00:21:43,880 that we should attribute to the people who used to walk this way.

(Brigitte Oleiro/ Visual Artist)

00:21:44,040 --> 00:21:47,240 It was an old path, that stopped being usable in the 60s/70s

(Brigitte Oleiro/ Visual Artist)

00:21:47,400 --> 00:21:49,400 when the first cars came about.

(Brigitte Oleiro/ Visual Artist)

00:21:49,680 --> 00:21:53,880

I've used clogs

which is what the workers used to wear

(Brigitte Oleiro/ Visual Artist)

00:21:54,040 --> 00:21:58,160 to try to honour them and their hard work,

(Brigitte Oleiro/ Visual Artist)

00:21:58,320 --> 00:22:03,400 these people who lived and coexisted between two peoples.

(Sílvia Silva/ Researcher CREATOUR)

00:22:07,400 --> 00:22:09,600 In rural areas with small populations,

(Sílvia Silva/ Researcher CREATOUR)

00:22:09,760 --> 00:22:12,960 ancient arts and crafts tend to disappear.

(Sílvia Silva/ Researcher CREATOUR)

00:22:13,880 --> 00:22:16,400
It really is important
that the village elders

(Sílvia Silva/ Researcher CREATOUR)

00:22:16,560 --> 00:22:18,400 pass this knowledge on to the younger members

(Sílvia Silva/ Researcher CREATOUR)

00:22:18,560 --> 00:22:21,440 to revitalise these traditions.

(Sílvia Silva/ Researcher CREATOUR)

00:22:21,760 --> 00:22:23,280 Like in Covão do Lobo,

(Sílvia Silva/ Researcher CREATOUR)

00:22:23,440 --> 00:22:26,960 it was interesting to see that there were no specific teachers

(Sílvia Silva/ Researcher CREATOUR)

00:22:27,120 --> 00:22:29,840 for the activities we did when we went there.

(Sílvia Silva/ Researcher CREATOUR)

00:22:30,000 --> 00:22:32,240 They were local, older people,

(Sílvia Silva/ Researcher CREATOUR)

00:22:32,400 --> 00:22:34,480 who took the initiative, themselves,

(Sílvia Silva/ Researcher CREATOUR)

00:22:34,640 --> 00:22:37,560 to show visitors how to make bulrush mats

(Sílvia Silva/ Researcher CREATOUR)

00:22:37,720 --> 00:22:40,920 while they told stories about how pitch was produced.

(Dulce de Jesus/ Participant)

00:22:41,080 --> 00:22:44,720 My dad stopped making pitch about 35 years ago.

(Dulce de Jesus/ Participant)

00:22:45,160 --> 00:22:47,880 He was one of the last ones

to keep it going.

(Dulce de Jesus/ Participant)

00:22:48,040 --> 00:22:51,040 He had the pitch oven on the side of the road

(Dulce de Jesus/ Participant)

00:22:51,240 --> 00:22:54,480 and we girls had boyfriends by that point,

(Dulce de Jesus/ Participant)

00:22:54,640 --> 00:22:58,040 and we were embarrassed of it all.

(Dulce de Jesus/ Participant)

00:22:58,200 --> 00:23:01,120 They called it the "land of the black corn bread".

(Dulce de Jesus/ Participant)

00:23:01,280 --> 00:23:03,720 We thought it was all very embarrassing,

(Dulce de Jesus/ Participant)

00:23:03,880 --> 00:23:05,840 but actually, it wasn't embarrassing at all.

(Dulce de Jesus/ Participant)

00:23:06,000 --> 00:23:11,200 It was how he supported us, how he fed us.

(Tiago Castro/ Researcher CREATOUR)

00:23:12,760 --> 00:23:14,960 We could have something to eat.

(Tiago Castro/ Researcher CREATOUR)

00:23:15,960 --> 00:23:18,080 We have to stop

to get something to eat.

(Tiago Castro/ Researcher CREATOUR)

00:23:19,600 --> 00:23:23,480
We could have a "tiborna" like the one we ate when we were in Faro,

(Tiago Castro/ Researcher CREATOUR)

00:23:23,640 --> 00:23:25,400 at Tertúlia Algarvia,

(Tiago Castro/ Researcher CREATOUR)

00:23:25,560 --> 00:23:28,240 where we learned to make "tibornas" the traditional way,

(Tiago Castro/ Researcher CREATOUR)

00:23:28,400 --> 00:23:30,760 just one would have been a meal.

(Tiago Castro/ Researcher CREATOUR)

00:23:31,200 --> 00:23:34,000 Or those asparagus "Migas"

(Tiago Castro/ Researcher CREATOUR)

00:23:34,160 --> 00:23:36,560 we had in that traditional tavern in Beja

(Tiago Castro/ Researcher CREATOUR)

00:23:36,720 --> 00:23:40,360 topped off with an Alentejo tune we all sang together.

(Tiago Castro/ Researcher CREATOUR)

00:23:40,760 --> 00:23:45,800 That mixture of workshops of Alentejo music and food

(Tiago Castro/ Researcher CREATOUR)

00:23:45,960 --> 00:23:47,800 made so much sense.

(Tiago Castro/ Researcher CREATOUR)

00:23:47,960 --> 00:23:51,640
It's that kind of connection that we look for with creative tourism:

(Tiago Castro/ Researcher CREATOUR)

00:23:51,800 --> 00:23:53,600 authenticity,

(Tiago Castro/ Researcher CREATOUR)

00:23:53,760 --> 00:23:57,440 feeling like we belong wherever we're visiting.

(Tiago Castro/ Researcher CREATOUR)

00:23:57,640 --> 00:24:01,080 Because it was precisely in the tayerns

(Tiago Castro/ Researcher CREATOUR)

00:24:01,240 --> 00:24:04,280 where men would meet to eat and sing together.

(Eduardo Freitas / Participant)

00:24:27,000 --> 00:24:30,880
I found it very interesting to learn a song but in an unusual setting,

(Eduardo Freitas / Participant)

00:24:31,040 --> 00:24:35,880 sat around a table, in a shared place where people share everything.

(Eduardo Freitas / Participant)

00:24:36,040 --> 00:24:41,200 I think that was the first time I'd tried to sing like that.

(Eduardo Freitas / Participant)

00:24:43,120 --> 00:24:47,280 The "migas" dish I made gave me an idea

(Eduardo Freitas / Participant)

00:24:48,040 --> 00:24:53,600 that I hope I'll follow through with for a piece of art I want to create.

(Eduardo Freitas / Participant)

00:24:53,760 --> 00:24:56,280 I'm here in Beja on an artistic residency

(Eduardo Freitas / Participant)

00:24:56,440 --> 00:25:01,360 and my work ends up being fed by the experiences I have

(Eduardo Freitas / Participant)

00:25:01,520 --> 00:25:03,720 between my body and the Alentejo.

(Eduardo Freitas / Participant)

00:25:03,880 --> 00:25:08,400 What I did today fed into an idea for my next piece of work.

(Sílvia Silva/ Researcher CREATOUR)

00:25:15,560 --> 00:25:20,920 Not all the activities we went to were related to traditional crafts.

(Sílvia Silva/ Researcher CREATOUR)

00:25:21,120 --> 00:25:25,560 Creative tourism can also be modern, or even experimental,

(Sílvia Silva/ Researcher CREATOUR)

00:25:25,720 --> 00:25:28,480 for example the activities we did

(Sílvia Silva/ Researcher CREATOUR)

00:25:28,640 --> 00:25:31,080 at the VIC Aveiro Arts House.

(Roi Carmeli / Visual artist, musician)

00:25:36,840 --> 00:25:39,840 The workshop is about kinetic sculptures

(Roi Carmeli / Visual artist, musician)

00:25:40,200 --> 00:25:43,400 and the possibilities of sound-making

(Roi Carmeli / Visual artist, musician)

00:25:43,560 --> 00:25:47,720 through analogue movement with different objects.

(Roi Carmeli / Visual artist, musician)

00:25:47,920 --> 00:25:50,680 It is very expressive

(Roi Carmeli / Visual artist, musician)

00:25:50,840 --> 00:25:54,520 and then take it through different pedals with different effects

(Roi Carmeli / Visual artist, musician)

00:25:54,680 --> 00:25:56,720 to create soundscapes.

(Roi Carmeli / Visual artist, musician)

00:25:57,160 --> 00:25:59,680 It is to play with sound, basically.

(Marlene Barros / Participant)

00:26:17,560 --> 00:26:21,640
I think this experience opened another part of my brain

(Marlene Barros / Participant)

00:26:21,800 --> 00:26:23,720 that had never functioned before,

(Marlene Barros / Participant)

00:26:23,880 --> 00:26:25,880

or at least that I didn't know was there,

(Marlene Barros / Participant)

00:26:26,040 --> 00:26:28,560 so I was quite surprised with this sound factor.

(Marlene Barros / Participant)

00:26:28,960 --> 00:26:31,720 I think it opened up my head

(Marlene Barros / Participant)

00:26:31,880 --> 00:26:35,640 and my thinking, in that sense.

(Marlene Barros / Participant)

00:26:35,800 --> 00:26:38,160 I think it was really good. Thanks.

(Martí Guillem / Sound artist)

00:26:43,720 --> 00:26:46,960 The workshop's called Noise Puppets

(Martí Guillem / Sound artist)

00:26:47,520 --> 00:26:50,440 and is based on a small amplifier circuit

(Martí Guillem / Sound artist)

00:26:50,600 --> 00:26:55,040 where we play with the feedback and with minor distortions

(Martí Guillem / Sound artist)

00:26:55,280 --> 00:26:59,000 tucked into a soft toy.

(Martí Guillem / Sound artist)

00:27:00,960 --> 00:27:05,360 First off, it's interesting because the experience is

(Martí Guillem / Sound artist)

00:27:06,280 --> 00:27:09,600 somewhere between innocent and weird,

(Martí Guillem / Sound artist)

00:27:09,760 --> 00:27:13,040 people learn a bit about electronics

(Martí Guillem / Sound artist)

00:27:13,200 --> 00:27:15,720 and laugh along the way.

(Sofia Marques / Participant)

00:27:17,240 --> 00:27:20,840
We learned a bit
about the electronic components

(Sofia Marques / Participant)

00:27:21,000 --> 00:27:23,280 you need to make a sound circuit.

(Sofia Marques / Participant)

00:27:23,440 --> 00:27:25,000 We learned to solder,

(Sofia Marques / Participant)

00:27:25,160 --> 00:27:28,120 we learned how to put the whole circuit together,

(Sofia Marques / Participant)

00:27:28,280 --> 00:27:30,720 with all the parts.

(Sofia Marques / Participant)

00:27:30,960 --> 00:27:35,560 And we ended up with a sound circuit that worked,

(Sofia Marques / Participant)

00:27:36,560 --> 00:27:38,960 and made a few noises.

(Sofia Margues / Participant)

00:27:39,120 --> 00:27:41,080 That was it!

(Sofia Marques / Participant)

00:27:41,240 --> 00:27:42,720 It's interesting.

(Sofia Marques / Participant)

00:27:42,880 --> 00:27:45,720 I think it's a good way to do it with few people,

(Sofia Marques / Participant)

00:27:45,880 --> 00:27:48,280 because it gave us more time to ask Martí questions

(Sofia Marques / Participant)

00:27:48,440 --> 00:27:52,080 and he would explain everything in detail,

(Sofia Marques / Participant)

00:27:52,240 --> 00:27:54,320 he's very good at explaining.

(Sofia Marques / Participant)

00:27:54,480 --> 00:27:55,760 That was it!

(Sílvia Silva/ Researcher CREATOUR)

00:28:36,680 --> 00:28:39,680
Encontrarte Amares is another example of creative tourism

(Sílvia Silva/ Researcher CREATOUR)

00:28:39,840 --> 00:28:42,200 mixed with contemporary art.

(Sílvia Silva/ Researcher CREATOUR)

00:28:42,360 --> 00:28:45,680

It allows for co-creation and for people to participate together

(Sílvia Silva/ Researcher CREATOUR)

00:28:45,840 --> 00:28:48,360 whether they're Portuguese or foreign artists

(Sílvia Silva/ Researcher CREATOUR)

00:28:48,520 --> 00:28:50,960 coming together with the local community.

(Fernando Almeida/ Encontrarte Amares)

00:28:52,960 --> 00:28:55,760 Encontrarte Amares is a get-together

(Fernando Almeida/ Encontrarte Amares)

00:28:55,920 --> 00:28:59,240 that takes place every 2 years since 2009, in Amares.

(Fernando Almeida/ Encontrarte Amares)

00:28:59,480 --> 00:29:03,600 It tries to bring together a varied audience,

(Fernando Almeida/ Encontrarte Amares)

00:29:03,760 --> 00:29:08,800 separate bodies, sectors of the social economy

(Fernando Almeida/ Encontrarte Amares)

00:29:08,960 --> 00:29:13,720 so that we can strengthen, deepen or question

(Fernando Almeida/ Encontrarte Amares)

00:29:13,880 --> 00:29:17,080 how we can bring our core values together.

(Fernando Almeida/ Encontrarte Amares)

00:29:17,240 --> 00:29:19,080 It tries to summon the local population

(Fernando Almeida/ Encontrarte Amares)

00:29:19,240 --> 00:29:22,520 encouraging it to participate fully,

(Fernando Almeida/ Encontrarte Amares)

00:29:22,680 --> 00:29:25,400 so different audiences and artists come into contact with each other.

(Fernando Almeida/ Encontrarte Amares)

00:29:25,560 --> 00:29:30,720 It somehow tries to bring democracy to a very rural culture.

(Fernando Almeida/ Encontrarte Amares)

00:29:31,120 --> 00:29:33,720 To do so, it provides workshops,

(Fernando Almeida/ Encontrarte Amares)

00:29:33,880 --> 00:29:36,320 fine arts, film and music.

(Fernando Almeida/ Encontrarte Amares)

00:29:36,480 --> 00:29:40,200 This multitude of artistic languages

(Fernando Almeida/ Encontrarte Amares)

00:29:40,360 --> 00:29:44,440 that inspires everyone there to participate and collaborate.

(Fernando Almeida/ Encontrarte Amares)

00:29:54,800 --> 00:29:57,800 This year, more than 80 artists participated,

(Fernando Almeida/ Encontrarte Amares)

00:29:57,960 --> 00:29:59,600 both from Portugal and abroad.

(Fernando Almeida/ Encontrarte Amares)

00:29:59,760 --> 00:30:02,600 Over 400 locals

(Fernando Almeida/ Encontrarte Amares)

00:30:02,760 --> 00:30:05,520 took part in the activities

(Fernando Almeida/ Encontrarte Amares)

00:30:05,880 --> 00:30:07,600 and through those activities,

(Fernando Almeida/ Encontrarte Amares)

00:30:07,760 --> 00:30:10,640 we tried to create a place everyone could join in,

(Fernando Almeida/ Encontrarte Amares)

00:30:10,800 --> 00:30:14,560 where we could question the way we relate to one another,

(Fernando Almeida/ Encontrarte Amares)

00:30:14,920 --> 00:30:19,480 the way in which we accept others' differences as being a good thing,

(Fernando Almeida/ Encontrarte Amares)

00:30:19,640 --> 00:30:22,120 and not as something that comes between us.

(Fernando Almeida/ Encontrarte Amares)

00:30:23,360 --> 00:30:26,560 In that sense, it's a meeting, a coming together.

(Fernando Almeida/ Encontrarte Amares)

00:30:26,720 --> 00:30:30,800 An attempt to create alternatives,

alternative ways of life

(Fernando Almeida/ Encontrarte Amares)

00:30:31,040 --> 00:30:34,840 and see how art can cross over, infiltrate

(Fernando Almeida/ Encontrarte Amares)

00:30:35,000 --> 00:30:38,080 challenge or provoke us

(Fernando Almeida/ Encontrarte Amares)

00:30:38,240 --> 00:30:41,160 to relate to each other.

(Tiago Castro/ Researcher CREATOUR)

00:30:45,160 --> 00:30:48,000 You get to a holiday town with your children.

(Tiago Castro/ Researcher CREATOUR)

00:30:48,680 --> 00:30:50,440 What are you going to do?

(Tiago Castro/ Researcher CREATOUR)

00:30:51,120 --> 00:30:54,120 In Évora, you can play a game

(Tiago Castro/ Researcher CREATOUR)

00:30:54,280 --> 00:30:57,640 that'll get you exploring the city in a fun way.

(Mélanie Wolfram/ Play Évora)

00:31:02,200 --> 00:31:04,840 Play Évora is a product for families

(Mélanie Wolfram/ Play Évora)

00:31:05,000 --> 00:31:06,840 that has never existed before.

(Mélanie Wolfram/ Play Évora)

00:31:07,000 --> 00:31:09,920 It's aimed at parents and children

(Mélanie Wolfram/ Play Évora)

00:31:10,120 --> 00:31:12,560 so they can play the old-fashioned way.

(Mélanie Wolfram/ Play Évora)

00:31:12,720 --> 00:31:18,440
That is without phones or apps.
They're using paper, playing together.

(Mélanie Wolfram/ Play Évora)

00:31:18,600 --> 00:31:21,960 It's all about talking and finding out about the history of Évora.

(Mélanie Wolfram/ Play Évora)

00:31:22,120 --> 00:31:24,160 There's always a historical element,

(Mélanie Wolfram/ Play Évora)

00:31:24,320 --> 00:31:26,280 it's educational, and it's family-oriented.

(Ricardo Falcão/ Participant)

00:31:26,760 --> 00:31:29,680 I really liked the Play Évora experience.

(Ricardo Falcão/ Participant)

00:31:29,840 --> 00:31:32,680 It was a really fun educational way

(Ricardo Falcão/ Participant)

00:31:32,840 --> 00:31:35,880 to explore the beautiful city of Évora

(Ricardo Falcão/ Participant)

00:31:36,040 --> 00:31:37,640

and interact with people

(Ricardo Falcão/ Participant)

00:31:37,800 --> 00:31:41,560 during the various stages of the game and the course.

(Laura Falcão/ Participant)

00:31:42,040 --> 00:31:43,880 I really liked it,

(Laura Falcão/ Participant)

00:31:44,120 --> 00:31:46,680 because I got to know the city in a new way

(Laura Falcão/ Participant)

00:31:46,840 --> 00:31:50,160 and I thought it was really interesting making it into a game

(Laura Falcão/ Participant)

00:31:50,320 --> 00:31:55,400 instead of us just wandering around listening to a guided tour.

(Rita Falcão/ Participant)

00:31:56,080 --> 00:31:59,760 I really, really...

(Rita Falcão/ Participant)

00:31:59,920 --> 00:32:02,560 really, really, really...

(Rita Falcão/ Participant)

00:32:02,720 --> 00:32:05,280 really, really, really liked it!

(Tiago Castro/ Researcher CREATOUR)

00:32:06,080 --> 00:32:09,120 You have other activities like this,

(Tiago Castro/ Researcher CREATOUR)

00:32:09,280 --> 00:32:10,920 one is in Boliqueime, in the Algarve,

(Tiago Castro/ Researcher CREATOUR)

00:32:11,080 --> 00:32:14,640 getting in touch with nature through an organic farm,

(Tiago Castro/ Researcher CREATOUR)

00:32:14,800 --> 00:32:16,640 where they grow plants,

(Tiago Castro/ Researcher CREATOUR)

00:32:16,800 --> 00:32:20,080 but also run activities that get you in touch with nature.

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:21,720 --> 00:32:24,360 We have a big educational component

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:24,520 --> 00:32:26,680 and that's related to growing organic food.

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:26,840 --> 00:32:29,840 We want this to be a place for families.

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:30,280 --> 00:32:32,160 When a family comes here,

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:32,320 --> 00:32:34,640 they can pick food, they can try it

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:34,800 --> 00:32:39,120 and all the while they're coming into contact with farming

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:39,280 --> 00:32:42,520 they end up helping us care for the animals.

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:42,760 --> 00:32:46,120
On certain days
they can help us seed, plant and pick

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:46,280 --> 00:32:48,400 whatever is happening that day.

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:50,560 --> 00:32:53,680 Today's activity is natural carpentry.

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:53,840 --> 00:32:57,440 What we do is we collect materials that are lying around,

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:32:57,600 --> 00:33:00,480 tree trunks and parts of trunks,

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:33:00,640 --> 00:33:02,360 and we make something.

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:33:02,520 --> 00:33:05,640
Today we've set a theme
related to the time of year:

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:33:05,800 --> 00:33:07,960 Swords and Fairy Doors.

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:33:08,160 --> 00:33:11,600 They're magical objects that we use to cast spells.

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:33:11,760 --> 00:33:15,520 They're going to make a door for the fairy to go into her home, in the tree

(Angelique Alho/ 3 C'S - Colher, Caminhar e Criar)

00:33:15,680 --> 00:33:18,240 or a sword to make them brave.

(Sílvia Silva/ Researcher CREATOUR)

00:34:03,040 --> 00:34:06,120 Podence carnival attracts a lot of tourists

(Sílvia Silva/ Researcher CREATOUR)

00:34:06,280 --> 00:34:07,800 because of how authentic it is.

(Sílvia Silva/ Researcher CREATOUR)

00:34:07,960 --> 00:34:10,040 Where we're concerned, creative tourism

(Sílvia Silva/ Researcher CREATOUR)

00:34:10,200 --> 00:34:15,640 gives visitors the chance to immerse themselves in the traditions.

(Sílvia Silva/ Researcher CREATOUR)

00:34:18,120 --> 00:34:21,480 Through painting their own masks,

(Sílvia Silva/ Researcher CREATOUR)

00:34:21,640 --> 00:34:25,160 visitors get to experience and become a part of the local culture.

(Afonso Malho / Participant)

00:34:25,560 --> 00:34:28,360

You decorated that beautifully! I've only just seen it.

(Mafalda Silva/ Participant)

00:34:28,520 --> 00:34:30,240 They look really good.

(Afonso Malho / Participant)

00:34:31,320 --> 00:34:34,080 I never would have thought I was such a good painter.

(Mafalda Silva/ Participant)

00:34:36,000 --> 00:34:40,800 I really was very interested in these masks.

(Tiago Castro/ Researcher CREATOUR)

00:34:49,600 --> 00:34:51,520 We're almost there.

(Tiago Castro/ Researcher CREATOUR)

00:34:52,040 --> 00:34:54,640 It's been quite the journey.

(Tiago Castro/ Researcher CREATOUR)

00:34:56,200 --> 00:34:58,000 And in conclusion,

(Tiago Castro/ Researcher CREATOUR)

00:34:58,600 --> 00:35:01,560 I think it made all the difference

(Tiago Castro/ Researcher CREATOUR)

00:35:02,080 --> 00:35:05,480 going to visit each pilot project

(Tiago Castro/ Researcher CREATOUR)

00:35:06,120 --> 00:35:10,280 and seeing how they're implementing

(Tiago Castro/ Researcher CREATOUR)

00:35:10,520 --> 00:35:12,920

their own creative tourism activities.

(Tiago Castro/ Researcher CREATOUR)

00:35:13,160 --> 00:35:16,080 Seeing the potential, but also the difficulties

(Tiago Castro/ Researcher CREATOUR)

00:35:16,240 --> 00:35:18,400 of the various projects

(Tiago Castro/ Researcher CREATOUR)

00:35:19,240 --> 00:35:21,520 and finding out about the context of each one.

(Sílvia Silva/ Researcher CREATOUR)

00:35:23,200 --> 00:35:27,160 It's been quite a journey, and both an inspiring and challenging one.

(Sílvia Silva/ Researcher CREATOUR)

00:35:27,600 --> 00:35:30,840 Challenging because it's a unique, new project

(Sílvia Silva/ Researcher CREATOUR)

00:35:31,000 --> 00:35:32,520 that aims to develop research

(Sílvia Silva/ Researcher CREATOUR)

00:35:32,680 --> 00:35:35,840 with a strong connection between academia and society.

(Sílvia Silva/ Researcher CREATOUR)

00:35:36,640 --> 00:35:39,360 And that's also why, it's so inspiring

(Sílvia Silva/ Researcher CREATOUR)

00:35:39,520 --> 00:35:42,640 because we've taken steps

(Sílvia Silva/ Researcher CREATOUR)

00:35:42,920 --> 00:35:46,720 towards forming a basis of shared learning

(Sílvia Silva/ Researcher CREATOUR)

00:35:46,880 --> 00:35:50,080 where we can carry out research

(Sílvia Silva/ Researcher CREATOUR)

00:35:50,240 --> 00:35:53,440 in a more creative way, a more innovative way,

(Sílvia Silva/ Researcher CREATOUR)

00:35:53,640 --> 00:35:55,440 and have a bigger impact.

(Sílvia Silva/ Researcher CREATOUR)

00:35:55,600 --> 00:36:00,440 For instance, the importance of creating a network and partners.

(Nancy Duxbury/ main researcher CREATOUR)

00:36:02,000 --> 00:36:05,000 We see our pilots as pioneers of this network

(Nancy Duxbury/ main researcher CREATOUR)

00:36:05,160 --> 00:36:07,760 and we look forward to reinforcing their work

(Nancy Duxbury/ main researcher CREATOUR)

00:36:07,920 --> 00:36:12,000 and expanding nationally with the launch of CREATOUR Azores

(Nancy Duxbury/ main researcher CREATOUR)

00:36:12,160 --> 00:36:14,440 and internationally, working with colleagues

(Nancy Duxbury/ main researcher CREATOUR)

00:36:14,600 --> 00:36:17,680 in many countries that we've met through the work of CREATOUR.

(Doris Difarnecio Mejia/ Participant)

00:36:19,040 --> 00:36:20,760 We need each other.

(Doris Difarnecio Mejia/ Participant)

00:36:21,240 --> 00:36:23,800 So this type of tourism

(Doris Difarnecio Mejia/ Participant)

00:36:24,240 --> 00:36:27,960 is about bringing you in

(Doris Difarnecio Mejia/ Participant)

00:36:28,120 --> 00:36:30,280 and creating community.

(Doris Difarnecio Mejia/ Participant)

00:36:30,440 --> 00:36:33,280 This is about who I am,

(Doris Difarnecio Mejia/ Participant)

00:36:33,680 --> 00:36:35,520 this is what I am.

(Doris Difarnecio Mejia/ Participant)

00:36:35,680 --> 00:36:39,440 this is how I engage in life,

(Doris Difarnecio Mejia/ Participant)

00:36:40,200 --> 00:36:41,720 in the world

(Doris Difarnecio Mejia/ Participant)

00:36:41,880 --> 00:36:43,480 through an art form,

(Doris Difarnecio Mejia/ Participant)

00:36:43,640 --> 00:36:45,480 through a place,

(Doris Difarnecio Mejia/ Participant)

00:36:45,640 --> 00:36:48,440 through how I believe and see the world,

(Doris Difarnecio Mejia/ Participant)

00:36:48,840 --> 00:36:51,000 and I am moved.

(Doris Difarnecio Mejia/ Participant)

00:36:51,400 --> 00:36:53,200 I am moved deeply.

(Doris Difarnecio Mejia/ Participant)

00:36:53,520 --> 00:36:57,040 My partner got me these earrings here

(Doris Difarnecio Mejia/ Participant)

00:36:57,200 --> 00:36:59,800 and now I move happily.

(Doris Difarnecio Mejia/ Participant)

00:37:00,300 --> 00:37:01,460 Tchau!

APPENDIX II EMAIL QUESTIONNAIRE

E-mail questionnaire | Questions and answers

Me: What was the main purpose of the documentary?

Tiago Castro: The main objective was to produce an audiovisual documentary about the activities developed, namely IdeaLabs, colloquiums, meetings and pilot projects, in particular the creative tourism activities developed, anchoring the project's dissemination strategy. The underlying idea was (and it was achieved!) to have a strong visual dimension, reflecting the creative nature of the project.

In general, what was intended was to tell the story of the project in a captivating way and showing its practical side on the ground and that could be a more interesting non-academic output for civil society.

Me: How was it structured?

Tiago Castro: It was not! Nuno Barbosa's goal for a documentary is to mirror reality in a visually appealing and true way. In this line of thought, there was no script defined a priori but a central idea of telling the story of the project and showing a little of what is done from North to South. The story was told during the assembly of the video as if it was a puzzle.

Me: Who facilitated it and what was the process?

Tiago Castro: The production was all in charge of the two of us - Tiago and Sílvia - being that Sílvia was more in the backstage and I in the field. The process was to contact the pilots who had activities scheduled but there were also cases where we were the ones to suggest that they do activities to shoot, in order to have greater diversity. For example, for the sake of logistics and the availability of everyone involved, we challenged pilots from the Algarve and Alentejo to concentrate activities in 5 days, in which we would shoot 1 to 2 a day depending on the duration of each one. It was necessary to manage our availability, the director and the pilots and their respective calendars.

Me: Did the researchers prepare questions for tourists and artists? If so, what are the reasons for choosing these questions?

Tiago Castro: No. To avoid asking questions that could be too academic and block the interviewees in any way, we ended up asking simple and direct questions, almost always the director himself asking them, after I gave him "big brain washes" of creative tourism during the trips ... The interviews were done at the end of the activities and came out naturally because when we experienced them on the spot and live these activities, we were curious to know more

about each project and how the people who participated felt. In other words, the testimonies were very natural and sincere, in a logic of sharing.

Me: What did the researchers learn / learn from this documentary?

Tiago Castro: That I don't know how to answer because they are personal opinions. But in the documentary I mention (and it was felt as a researcher!) the importance of going to the field, visiting the pilots, participating in the activities, knowing and understanding the local context, the difficulties, the potential and how these entities develop their projects.

On the other hand, the documentary ended up having a great impact on the pilots. When observing themselves from the outside and others, they began to feel a greater sense of pride in relation to the activities and the CREATOUR project.

Me: It seems to me that the 4 dimensions of creative tourism that you refer to in the video (active participation, visitor learning, creative self-expression and immersion in a new environment) function as key points in the responses given in the documentary. Do you confirm? If so, can you comment on this?

Tiago Castro: Exactly! Within CREATOUR, we defined these 4 dimensions / principles as the basis for the development of creative tourism activities. Hence, we have always tried to film projects whose activities mirror these principles. Ideally, activities should cover all of these principles. However, it was not always possible, for example, because they are still under development / maturation.

In any case, the projects that appear in the documentary complement each other, covering the 4 dimensions / principles.

When filming, when interviewing pilots or participants, we asked precisely how they involved the local community, what they learned or created ...

There were even situations in which we did not go to film planned activities because they were merely passive, that is, there was no active participation by visitors / participants.

In response to this email questionnaire, I sent Tiago my analysis on his replies, waiting to get further insight in this matter.

I would really like to talk more about this in depth with you and also talk with the filmmaker (Nuno Barbosa) exactly because of the controversy of the definition of documentary as "mirror of reality" and understand a little more about the perspective of the documentary producers - which in this case I think is you (Tiago), Nuno and Sílvia. This is because according to your answers I understand that you influence the direction of the documentary and the projection of the "real".

For example when you say:

"there were situations in which we did not go to film planned activities because they were merely passive".

Here you made the decision not to project the passive version of the creative activities, but that is still part of the "reality" when some of them happen.

In another example you mention:

"there were cases where we were the ones who suggested that they do activities to shoot, in order to have greater diversity". Here for reasons of logistics and diversity, you manipulated the "reality", because the activities took place outside of real time.

Or for instance, when you state: (...) after I gave him "big brain washes" for creative tourism during our trips - You influenced the director's perspective on the topic of the documentary.

Other observations I would like to deepen with you ... When you say:

"we ended up asking simple and direct questions" - What were the questions? It is important to understand what they are, to understand what the participants' responses are about.

And also, when you argue that "the objective of a documentary is to mirror reality in a visually appealing and true way. In that sense, there was no script defined a priori but a central idea of telling the story of the project and showing a little of what is done from North to South."

Although there is no script, the definition of a documentary as a "mirror of the real" proves to be quite controversial. In film theory, I have reviewed literature that argues that 'documentary' is actually a 'fiction unlike any other' (Nichols 1992, pp. 108–109), and postmodernist analysis has mulled over the impossibility of being able to capture reality, meaning, or truth (Minh-ha, 1993). For instance, this author (Minh-ha, 1993) claimed that valid interpretations can be made during narrativization of a particular story.

Because I agree with this view that it is problematic (and questionable) to capture reality, truth, authenticity (words that make me shiver because they are so contestable), I've decided to include the perspective and voice of the documentary filmmaker and narrative of the participants' experiences in this collective construction on the topic of creative tourism in Portugal.

APPENDIX III SKYPE INTERVIEW

Skype interview | Questions and answers

Me: Did the researchers have a major influence in the direction and production of the documentary?

Tiago Castro: Yes, I had a major role in the direction and production of the documentary.

Initially, the idea was that the director would be hired to "do the job". But we (CREATOUR team from CES, Coimbra) thought that it didn't make sense. What made sense for us is that at least one researcher would follow up with the director because we foresaw that we would have a lot of rich moments for the research itself during the footage. At the same time, Nuno was not aware about what creative tourism was and he would have to handle a series of production and logistic struggles (that I have experience with, because I have a background in cultural production and management). So it would be easier to include me in the process. Furthermore, it was valuable for CREATOUR that I integrated this production, as I was able to collect data that gave rise to several academic articles.

Me: Was it predicted that the researchers would be the documentarists and narrators?

Tiago Castro: No provision had been made for Sílvia or I becoming documentarists or narrators.

The necessity appears in the middle of the process because we didn't have a predefined script.

Me: How was the selection of the projects done?

Tiago Castro: The time limit set for the documentary was 40 minutes and so we knew we could not film all projects. At first we (researchers) thought about an hour but Nuno (director) told us that would be too long for a documentary. Ideally they should make a documentary of 30 minutes, 40 minutes tops. That is how we knew we could not include all projects and also because some of them repeat the artistic skill that is taught (there is more than one project about ceramic, about wool). The geographic locations were the main considerations for the selection of projects.

Me: How did you organise the recorded activities?

Tiago Castro: This was done according to the pilots' availability and defined times for workshops. We basically sent out an email to the projects saying that we would be in the region from this to that date and we asked them if they would have an activity happening during that period. Or if they didn't, if they wanted to organise an activity to be portrayed in the documentary. Some could, some others they couldn't. As the footage was being done, the director would give his input to record this (for example if something was visually appealing) or that and I did the same. In this line of thought, there was always space for discussion of ideas between us to articulate the documentary. In the end I can't get enough of this documentary and I've already watched it more than thirty times! It is also curious that my own discourse as a CREATOUR researcher "is fed" by the experience of participating in the documentary, because it was a fieldwork experience and in this sense yes, I consider myself a documentarist. Almost like a storyteller.

Nuno Barbosa: No doubt!

Me: What do the director perceives as a documentary?

Nuno Barbosa: I have two experiences directing documentaries. From what I perceive, a documentary is never written beforehand before the assembling. Meaning there is no predefined narrative. Usually the final vision of what the story will be is only perceived during the montage phase. For example, we (Nuno, Tiago and Sílvia) put together the story during this phase. We had to do this because we needed a thread to intertwine all footage that could flow, otherwise there were only loose pieces. I even proposed them (Tiago and Sílvia) to make episodes for each pilot instead of a bigger documentary of 40 minutes, but the idea was discarded by all. So we needed to create harmony between the recorded pieces and that is how the narrators were added to help constructing the narrative.

Me: How was the process of assembling the documentary?

Nuno Barbosa: There is a part in the documentary where there is a participant that tells the story of her parents making pitch and how she was ashamed of it when she was a teenager. The oven for making the pitch was by the road and all her friends could see what they were doing and they called it the "land of the black corn bread". Back then, the participant thought that way of living was embarrassing but now she concludes it was not at all, it was only her family's way to make a living and feed their children.

Right after there is a shot of Tiago driving and saying that he is hungry. This part was not recorded after the other nor they are in any way connected, but this for example was done to make the leap from one story to another. Throughout the documentary we see those leaps to associate stories and scenes, so that the viewer can see associations of scenes that are connected. I see Tiago and Sílvia as "the glue" of the narrative, making these passages happen smoothly.

Me: So there is a concern of a cohesive narrative that also links the aesthetics of the visual footage, right?

Nuno Barbosa: Regarding the visual aesthetics I defined that before shooting. I did a treatment/ script about this where I wrote how I would approach the documentary visually. What kind of film shoots I wanted to have, for example I decided that the camera would never be still. Well, the camera is still only in one shot - in an interview we did to the mentor of the mosaic project in Conimbriga, but it is the only moment where the camera is in that format.

Me: But why did you choose to have the camera moving?

Nuno Barbosa: I see myself as a director always with the camera over my shoulder. With the image fluctuating. I didn't want any static images or classic shots.

Me: Did you rehearse any part of the documentary?

Nuno Barbosa: Yes. For example, Tiago had to re-do all the voice-over from the shots in the car because there was no quality of sound to keep the original one.

Tiago Castro: And all Sílvia's narrations were also rehearsed because of the lack of script and disconnection of the narrative from the very beginning. She ended up narrating the text I said in the car during our trip, when the sound quality was not fair enough.

But this voice-over/ narration process started with Nuno asking me: Look, talk to the camera and explain or describe what is creative tourism.

Nuno Barbosa: Despite it being rehearsed afterwards, and parts of the speech re-utilised for Sílvia, it was super real and spontaneous because I turned the camera on, pointed it to Tiago and started asking questions in the most spontaneous way. That's when I started understanding the narrative thread I wanted to follow.

In Sílvia's case, the narrations were all rehearsed and structured (they explain why above).

Me: And regarding the narrators' voices? What do you perceive, Nuno? To whom do you think Tiago is speaking to? This is important so I can understand the narrators' voices...

Nuno Barbosa: In this case, Tiago was speaking to me but the way I see it, he is speaking to the audience. Because the one that is on the other side of the camera is the audience.

Me: But at times it seems that Tiago is speaking to himself... For example when he says: I could eat something now.

Tiago Castro: It is a mixture of voices.

Nuno Barbosa: Yes and that's exactly why I think it came out beautifully.

Tiago Castro: Yes! Because I either speak to myself while thinking loudly, or I'm speaking to the hypothetical audience, because for example there were times that Nuno would tell me: "Ok, stop talking you are talking too much now. Cut. You don't need to explain that much".

Me: But regarding Sílvia it seems that she only speaks to an audience, as is explaining the experiences and describing dimensions of creative tourism.

Tiago Castro: No, she has several voices as well. When we understood that the audio of my shots as narrator was low quality and we had to re-do it, Nuno thought it was too boring to have only one narrator, a man in shades driving a car from the beginning to the end of the documentary narrating the whole thing...I agreed. So we concluded it would be more interesting in creating some kind of balance that is when we considered Sílvia as another narrator - a natural choice. She holds the "best" knowledge about the topic and she is a natural born communicator. And it worked very well!

The idea then was to create a bit more dynamic, meaning that while I was only driving the car, it was decided that Sílvia would be in different places moving around using different transportation means. We (Tiago and Nuno) thought: "Let's make her take the train, the boat we only missed the balloon." (laughs).

And just like that she seems like she is travelling around. That is why she appears walking in some shots, riding a bike and yes, that part needed to be rehearsed, as she didn't do it for many years and almost fell several times (laughs).

Me: I loved that part. It made me laugh because you could really tell she was a bit uncomfortable doing it.

Tiago Castro: The idea was also to be a bit goofy.

Can you give me your perceptions about how real the topic you portrayed is, due to either logistical setbacks or others?

Nuno Barbosa: The most arranged parts were when the pilots came up with an activity because they knew we were passing by to record them. But the action was real, with real participants and artists but done because they knew we would come to shoot them. This means that some pilots didn't have those activities exactly on those dates open to travellers, but they were thought and done to provide us with material to record the documentary. However, this didn't happen a lot, only with a few of them (2 or 3 pilots).

Tiago Castro: And in some of the cases, we were the ones that found the participants. For example the pilot in Évora - Play Évora - which product is to discover the city as a family through games, they had a last minute cancellation, so I called a friend that has two small kids. How lucky we were to have them there! So this was the part that was assembled. But from the moment the activity starts, their reactions are genuine. Of course they knew they were being recorded, but I have the impression that at times they forgot we were there.

This would be very difficult to do without them knowing, only if we had a hidden camera...

There were other cases with other pilots that were lacking participants, so the mentors of the projects invited their acquaintances to participate.

But I can say that a big part of the participants that took part in the activities during this documentary forgot they were being recorded...For example when I was in Beja, in a tavern and we were all singing Cante Alentejano, eating migas and drinking red wine, I totally forgot Nuno was there recording us... and I was from the production team! Or for example, when I was working the clay, I was so engaged in the activity that when I saw myself after, when looking at the videos, I realised I was so involved in all that, that I forgot I was being recorded. And the feedback I had from other participants was exactly the same: they got to a point of involvement in the activity that they forgot there was a camera there! For me, in a way this validates the activities as captivating (from a research perspective).

Me: And how about the questions you asked the participants during the recorded activities, what was the process there?

Nuno Barbosa: When the people started doing the activities, we would wait for any moment where any of them would take a break, to approach them. The questions were basically these: What do you think about this creative activity? What does it mean to you? How did you feel? The main purpose with these questions was to understand their feelings towards the activities and to inform the viewer about the content of the workshop. It was very interesting to see how differently participants responded to these questions about the activities. Regarding the artists

or mentors of the pilots, the questions were: what is the workshop about and what do you think about the concept of creative tourism? What does it mean to you?

We didn't ask many questions or even other questions because this was mainly what we wanted to understand from them - the participants' feelings and the informative part from the mentors/ artists end. For example, the artist that is teaching psychological/therapeutic music, if he wouldn't explain his whole idea, we would think that it was only a concert or something alike.

Tiago Castro: From my end, as a researcher I thought it was my "duty" to be the one asking the questions. I felt this pressure also because as a researcher I had tons of questions I wanted to ask but many of them were not related to the documentary. Then I thought: what shall I ask then? I had the tendency to make more complex questions, which didn't make any sense to the documentary. This is because we noticed that each time we would make more profound or difficult questions, people would ramble in their speech. And Nuno wanted short and concise testimonials. Nuno tried it at first but he had difficulties editing the longest testimonials. Then naturally it happened that Nuno started asking the questions, as he knew what length of speech he wanted.

Nuno Barbosa: There were people focusing more on the activity itself, some others talking about the connection they felt with other participants...

Tiago Castro: And we were lucky to have had people with precious testimonials that touched us to the point of triggering where to locate the scene in the documentary. For example, the testimonial of the last participant. When we recorded that person we knew we wanted to close the documentary with it.

Me: That testimonial also made me think a lot about the identity of the person that chooses to engage in creative activities...because this search of mine started when I wanted to understand the motivations of the participants. What makes them want to engage in these types of activities and so forth.

Tiago Castro: About that testimonial that was very sui generis...it fits the studies we developed until now in CREATOUR. She works in the art field, as a social worker and activist and then her "condition" of interracial lesbian woman influences a lot the way she approaches things in life (this is what she tolds us after being shot).

She came to Portugal to visit family and she ended up participating in the creative activity. My impression is that the people that participate in creative activities always have a link to art and culture, however small it may be...Because in principle they have more sensitivity and propensity to art. I also think that there are workshops more directed to men, others to women. For example, usually women are more interested in accessories so they choose to participate in jewelry workshops more often than men. But yes, this is my opinion without numbers to back this up.

Me: Why do you (Tiago Castro, researcher of CREATOUR) think is necessary to frame these participants and build up a creative tourist profile? What did you perceive about this subject from your experience working with CREATOUR?

Tiago Castro: In that matter I consider myself an anti-researcher. I don't see the necessity of that.

Me: *I* agree with that thought.

Tiago Castro: I am a dissonant voice in the CREATOUR team and the less educated, so I think the others (researchers) don't mind my opinion on this.

I think that when we try to determine a creative tourist profile, we are trying to segment creative tourism. Like the rural tourist, sun and sea tourist, etc. And creative tourism is not another category of tourism. It is transversal and it is often combined with for example industrial tourism or any other. For example, one can embark on a nature retreat and at the same time, engage in one creative workshop. One can also choose sun and sea tourism and there's one creative workshop for the whole family to create something on the beach and they decide to engage.

It seems like in tourism research, researchers always have to come up with these definitions, almost like a box that needs to be ticked about the profile.

Me: But don't you think that happens because research teams need to provide the industry with results or for example, in the case of CREATOUR, to provide the mentors of the pilots with specific information, so that they can sharpen their communication to be able to attract and sell their products? At least this is my conclusion after working as a researcher in CREATOUR project..

Tiago Castro: Yes, it is clearly that. It is very important that the mentors/ artists of the pilots understand who wants to consume their products. In this sense the studies CREATOUR provides support them in finding out more about their target audience. But at the same time, the problem is that many of them didn't define beforehand who their target audience would be while or before creating the product, making the activity for everyone. Then the communication of the product is dispersed.

Me: I understand the mentors could have had a better strategy in relation to marketing and sales to target a specific audience before the release of the product, but if we go back to our talk, when you mention that creativity is transversal and can be combined with other areas that are not artistic, I see a contradiction here. When you said a person with an industrial background is interested in engaging in a creative workshop. I don't see how age, gender or artistic background is relevant for this case... It becomes confusing to market this.

Nuno Barbosa: I think that what usually happens is that there are creative people where their profession is not creative at all and then when on holidays, when they come across creative tourism activities, they see an opportunity in engaging in things that in the daily routines they don't have an opportunity to do it. For example, someone that works in a factory, but at the same time likes to draw, or sculpt because they liked to do it as a child. I think in the creative tourist profile, the researchers should have the element of curiosity. I think each person's

creativity might be hidden at times, because of life circumstances... Sometimes we think that people are not so creative because of what they work with, and end up being a big surprise.

Tiago Castro: For me that is the big question right there! And this could be a big discussion where we could dissect the whole educational system...(laughs), that doesn't make people reflect and explore, but formats them to work in one field only doing specific tasks. For example my father has always loved to draw, wanted to work as an engineer but could never make it. He ended up working 30 years in a bank and today he is a grumpy old man. But he is an extremely curious person... Another example, I am now watching the series Genius about Albert Einstein. He used to work in a patent office, which must be a tedious job. Another example, Franz Kafka used to work as a public employee in a government department...

Nuno Barbosa: Maybe that's why his work revolves around bureaucratic struggles (laughs)... **Tiago Castro:** Carlos Paredes (a great Portuguese guitar player) worked in the notary. How many people don't have monotonous and repetitive jobs and these same people are extremely artistic or inventive? But this is related to the economic system we have and it would be another long discussion.

Nevertheless, I think there is space for everything with these pilot projects. For example, in the case of Play Évora, creativity is stimulated not in the sense of creating an art piece, or with a cultural tour, but discovering the city with a gaming format.

Me: What are the overall opinions of the contribution of the documentary for CREATOUR's research project?

Tiago Castro: This documentary as output of CREATOUR project has a lot of power because one of the biggest problems of the academy is not being able to communicate their research findings to society and/or having practical application of them. There has been more and more knowledge written down, but it only reaches other researchers (and the ones that read it, right?). My main fight as a researcher is that I don't want to do research and write articles so that the papers will "seat at a desk" or be indexed in a journal. If the produced research doesn't

have practical use to society, it doesn't worth much. Many publications done by researchers are done for them to attend conferences and add more written items to their curriculum. My constant question is: how can a research that we do help someone in tackling a problem?

This documentary not only tells the story of the action-research (practical and activist dimension, according to what Tiago explained) project of CREATOUR, shows the diversity of creative activities around Portugal and the various types of participants, and even diversity of host communities. And in my perspective when we watch the documentary, we end up identifying ourselves with it, being at the north, centre or south because there is a human factor that is very present. There is complicity. A project with such a strong practical dimension demands the visualization of it, so it can be better understood.

Me: Thanks a lot for the talk and I think I have a lot of material already to work with.

APPENDIX IV Q4B – VISITOR SURVEY (WP4.2)



Q4B - VISITOR SURVEY (WP4.2)

To be completed by CREATOUR Team

Survey IIO	Survey	no.:		
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To be completed by pilot projects

Location: S: CES (U. Coimbra) CIEO (U. Algarve) LAB2PT MIA'CET (ISCTE-IUL) CIDEHUS (U. Évora) of pilot initiatives fostered by the project reas. In this context, we are learning from tionnaire. We request that you fill in this ion of the survey takes 5 to 10 minutes.
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2



8. Please indicate WHY YOU SELECTED THIS EXPERIENCE, according to the following scale: 1 disagree completely, 2 disagree, 3 neither agree or disagree, 4 agree, 5 agree completely											
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12. Would you be interested in participating in creative activities in other locations in Portugal? Yes O No O											
13. If you responded YES to the previous question, what would you like to do?											
14. What is your GENERAL evaluation of the experience: Terrible Bad Average Good Very good											
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16. If you responded YES, how many nights?_						
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24. Age:		Professional	$\tilde{\mathcal{I}}$			
25. Marital status:		Technicians and associate professionals (\tilde{a}			
26. Nationality:		Clerical support workers (\circ			
27. Maximum educational qualification:		Service and sales workers	$\tilde{\mathcal{I}}$			
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Tertiary education (up to 12 years)	0	Plant and machine operators and assemblers	C			
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Bachelor's degree	Ŏ	Armed forces occupations	Č			
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29. Net monthly income of the household:		32. Additional comments:				
Up to 500€		·				
501€-1000€						
1001€-2500€						
2501€-4000€						
More than 4001€						
If you want more information about CREATOR (Your address will not be provided to third parties						

















